

Outdoor Access Pty Ltd

Specialist Consultancy & Accreditation



OceanGuard



"Approximately 57% of all drownings occurred in 'open water'. The initial actions undertaken during a water emergency are vital to maximising the chances of a positive outcome"

"OceanGuard" is tailored specifically for *'Professional Ocean Lifeguards'* to manage ocean related emergencies & the maintenance of beach facilities. It is invaluable due to the real-world emergency & beach experience our instructors hold – participants will gain practical training that is **truly relevant in**

an ocean environment, provided by instructors who have dealt with REAL water emergencies & have both medical & teaching qualifications.

COURSE AIM

The 'OceanGuard' course will provide participants with the skills & knowledge to work as professional ocean lifeguards, whilst managing water related emergencies & beach facilities.

CONTENT

Based on proven emergency practice and taught by instructors with real-world medical experience, the course consists of:

- Relevant legislation & requirements
- History & responsibilities of lifeguards
- Ocean rescue techniques
- Supervisory & admin requirements
- Spinal injury causes & prevention
- Structure & function of the spine
- Emergency spinal management
- Working with emergency services

PRE-REQUISITES

Current First Aid + AED + ARC (or equivalent). A fitness assessment is conducted on day 1.

DELIVERY & DURATION

'OceanGuard' is a highly 'hands-on' & practical course, tailored to critical first aid emergencies. It is equivalent to 8 hours long & available for large or small groups. *Training can be done at your choice of location* (workplace, beach).

TESTIMONIES

"Very realistic & practical. Run by people who clearly know about lifeguard work & emergencies"
Terry, Professional Lifeguard

GROUP PLAN

Organise a group of five (5) or more for *'OceanGuard'* & the organiser's training is **free** of charge.

RECOGNITION & COSTS

Students receive a nationally recognised certificate listing the competencies; *SRXEMR001A – Respond to emergency situations, SRCAQU007B – Respond to an aquatic emergency using advanced water rescue techniques, SRCAQU006A – Supervise clients in an aquatic facility or environment, SRCAQU003A – Respond to an aquatic emergency using basic water rescue techniques, SROSFR001B – Apply surf survival & self rescue skills, PUASAR009A – Participate in an aquatic rescue operation.* Recognition of Prior Learning (RPL) is available as appropriate.

Price on application. A 20% deposit is required on application, with full payment required one (1) week prior to the course. Students will receive detailed handouts.

MORE INFORMATION ...

Contact: www.outdooraccess.com.au or info@outdooraccess.com.au



NSW Vocational
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NATIONALLY RECOGNISED
TRAINING

