

Outdoor Access Pty Ltd

Specialist Consultancy & Accreditation



Automatic External Defibrillation



"Survival from cardiac arrest decreases dramatically when defibrillation is delayed, with a survival rate of 90% at around 2 minutes dropping to 30% at around 5 minutes."

'Automatic External Defibrillation' is specifically for people with access to automatic external defibrillators (AEDs). It is invaluable due to the real-world emergency medical experience our instructors hold – participants will gain practical training that is **truly relevant in a medical emergency, provided by instructors who have dealt with REAL emergencies** & have both medical & teaching qualifications.

COURSE AIM

The **'Automatic External Defibrillation'** course will provide participants with the skills & knowledge to manage life-threatening cardiac-arrest emergencies.

CONTENT

Based on proven emergency practice and taught by instructors with real-world medical experience, the course consists of:

- Relevant legislation & requirements
- Heart structure & function
- 'Cardiac arrest' versus 'heart attack'
- Concept of defibrillation
- Concept of 'public access defibrillation'
- Automatic defibrillation equipment
- Combining defibrillation & resuscitation
- Helping emergency services

PRE-REQUISITES

Current First Aid qualification (or equivalent).

DELIVERY & DURATION

'Automatic External Defibrillation' is a highly 'hands-on' & practical course, tailored specifically for people with access to a defibrillator. Equivalent to 4 hours face-to-face & available for large or small groups. *Training can be done at your choice of location* (workplace, pool, beach, home).

TESTIMONIES

"Dealing with a cardiac arrest is very stressful. This has made me a lot more confident"

Dave , Beach Inspector

RE-CERTIFICATION

½ day every 12 months.

RECOGNITION & COSTS

Students receive a nationally recognised certificate listing the competency PUAOPE010A – Operate a semi automatic defibrillator in an emergency. Recognition of Prior Learning (RPL) is available as appropriate.

Price on application. A 20% deposit is required on application, with full payment required one (1) week prior to the course. Students will receive detailed handouts.

MORE INFORMATION ...

Contact: www.outdooraccess.com.au or info@outdooraccess.com.au



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